

# The UFS Wellness Clinic introduces...



## Ultra Lite™

THE PROFESSIONAL WEIGHT AND  
HEALTH MANAGEMENT PROGRAM

- Ultra Lite is a weight management program that causes the body to burn its stores fat cells as energy.
- Ultra Lite is educational and empowers people to make better food choices, IT IS NOT a 'quick fix' program that offers meal replacements.
- You are eating real food from the supermarket. No special food is required.
- Bio-Impedance Analysis (BIA)
- Ultra Lite can be tailored to meet everyone's needs.  
Whether its 5 kilos or 30 kilos you need to lose Ultra Lite can help.
- UFS members receive 10% off
- Health Fund Rebate available\*

\* Check with you Health Fund provider for more details.

 **UFS**  
wellness  
CLINIC

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